



**International Critical Incident Stress Foundation
Course: 'Assisting Individuals in Crisis'**

Bohol Tropics Resort

Tagbilaran

Philippines

15th April to 19th/20th April 2010



Training Course for International Committee on Seafarers Welfare (ICSW) personnel and International Christian Maritime Association and others involved in the Maritime Industry

Programme.

Thursday 15th April 2010.

Arrival of delegates.
Evening Welcome Dinner.

Friday 16th April 2010.

Day one of Assisting Individuals in Crisis.

Saturday 17th April 2010.

Day two of Assisting Individuals in Crisis.

Sunday 18th April 2010.

Delegates depart or Full Day Excursion
World Famous Chocolate Hills, Laboc River Lunch Cruise
Worlds smallest primate.

Monday 19th April 2010.

Optional extra one day additional course on Powerful Event Group Support
(formerly known as Critical Incident Stress De-briefing).

Course Fees.

The cost of the two day course is US\$275 with the addition day being US\$75 so a total of US\$350. This includes accommodation in a shared twin room, all meals, conference fees and local transport. Single room supplement is US\$50.

Sponsorship.

Due to a generous grant from ITF Seafarers Trust members of ICSW/ICMA are invited to apply for sponsorship to cover the course cost and travel to Philippines.

Who should attend?

The course is intended for Chaplains, Welfare Workers, Assistants, Ship Visitors, Ship owners, ships agents and port authority personnel who may be called upon or find themselves helping in a crisis or traumatic aftermath.

Caution

The material discussed on the ICISF Courses can be distressing for some individuals who have recently experienced a major trauma in their professional practice or in their own lives. While sensitive support is given by the Trainer to all participants throughout the Courses, those nominating participants should make them aware of the potential of the contents to cause distress.

Training to be provided by Dr Marion Gibson

1. Overall title

International Critical Incident Stress Foundation (ICISF) Course on 'Assisting Individuals in Crisis'

2. Aims

To provide participants with a structured programme for responding to the needs of people and communities in the aftermath of crisis incidents in accordance with international standards as defined by the ICISF. The Course will focus on the specific needs of the Maritime Industry. The course is provided by Approved Instructors accredited by the Foundation (www.icisf.org).

3. Objectives

- a) To provide training to participants in the theoretical concepts of crisis intervention.
- b) To identify the impact of trauma on individuals, organisations and communities.
- c) To enhance the understanding of the complex, comprehensive and changing psychosocial needs created in the aftermath of a critical incident.
- d) To give participants an awareness of how their role interfaces with other organisations involved in an emergency response situation.
- e) To use this course content to deal with the problems created by Piracy for crew members, their families and those involved in the Maritime Industries.
- f) To provide participants with a working knowledge of post-traumatic stress reactions and Post Traumatic Stress Disorder.
- g) To introduce participants to the programme of Critical Incident Stress Management (CISM) as defined by the ICISF. This programme contains a range of crisis intervention skills which can be utilised to meet the comprehensive and varied psychosocial needs created in the aftermath of a major critical incident or smaller incidents which have a major psychological impact such as an accident or a suicide on board a ship or on shore.
- h) To enhance the everyday practice of participants with individuals in crisis situations through the use of the crisis intervention models identified in the CISM programme.
- i) To prepare the participants to deal with distressed relatives in the aftermath of an incident which involves their family members
- j) To provide participants with the opportunity for structured skills practice training of the crisis intervention models under the supervision of the Trainer and with peer support from within the participant group.
- k) To increase the participants knowledge of the concepts of bereavement and how to support the bereaved at different stages of coping with their loss.
- l) To deal with the aftermath of acts of Piracy
- m) To identify cultural aspects associated with the provision of a CISM response.

- n) To demonstrate the application of equality issues as they relate to this training.
- o) To raise the awareness of participants to the legal implications of this work and the associated ethical issues.
- p) To promote collaborative working across other involved organisations such as Maritime Ministries, Maritime Welfare, Shipping companies, security organisations and Insurance Companies.
- q) To remind participants of the need to be aware of their own reactions to responding to traumatic situations. Ways of maintaining personal well-being through aspects of team support and self care and link such support to existing support networks available.

Additional one day course.

The 3 day combined course is for participants who would be involved in more in-depth Group work with crew members. This would involve a further one day of training after completion of the two day Course.

This Course is recommended to those who have a working knowledge and experience of working with people who are experiencing acute trauma reactions which could result in longer term psychological damage. This model would be used within one week of the trauma but not within the first 72 hours post trauma. The model would be particularly useful to those who would have longer term (more than three weeks) contact with traumatised Seafarers.

To apply.

Please complete an application form which is available on request from

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Closing date for applications **February 28th 2010**. After this date scholarships may not be available. Strict limited number of attendees.